



SUMMER ECONOMICS: MONEY AND MATH AT THE GROCERY STORE!



Before you leave the house:

- Check the pantry, fridge, and freezer to see what you already have on hand
- Then show your child how to check the grocery ad for specials
- Brainstorm about meals using what you already have and what's on sale, then build a list together and find coupons
- Next build a budget and take out that amount in cash! Talk to your kids about why it's easier to overspend using credit or debit cards versus cash

At the Store:

Budgeting and meal planning: "Here's what we want to make for dinner tonight. How much of each item do we need for 4 servings?"

Tracking spending: Have them keep track of your spending with a calculator.

Cost of convenience: "This pre-washed bag of salad is \$3.99, and a head of lettuce is 99-cents. Is it worth the savings to wash it ourselves?"

Brand names v. generic: "The store brand costs \$2 less than the name brand. Why do you think that is? Should we give it a try?"

Lessons for the Littles:

Counting and Math: Ask them to help you count out produce, and figure out costs. "If each apple costs \$0.50, how much will 4 apples cost?" (Have them double-check on your calculator).

Needs and Wants: "If you can only buy one, is it better to get milk or candy?" Let them see YOU put something back because it was an impulse buy, too!

Value and Unit Price: "Which is a better deal? \$0.50 for one or 5 for \$2?" "If these are 'Buy Two, Get One Free' how much does each one cost?" Show them how to read price tags on shelves.



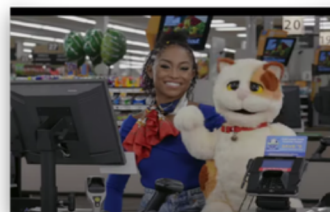
Book To Read:

Max Explains Everything: Grocery Store Expert by Stacy McNulty

Ages 3-7

Max knows everything about trips to the grocery store because his parents make him go All. The. Time. So he's pretty much an expert! Whether it's choosing the right breakfast cereal or surviving the obstacle course that is the produce section, Max is here to help!

\$martPath Video to Watch:



Wheat Bread, Fruit, or Cheese?

Megan and Scarcity Cat teach a pair of hungry rats about wants and needs, budgeting, and shopping from a list. **Watch at [smartpathlearning.com](https://www.smartpathlearning.com)!**

